

### The 2022 MLLUA Rules and Mechanics Clinic

Date Saturday, March 26, 2022

Location Tufts University - Medford, MA

Steve Tisch Sports and Fitness Center

161 College Ave., Medford, MA

(Park in lot across the street from Tisch Center)

Time 8:30am - 3:00pm

8:30am - 9:00am Coffee and Check-in

9:00am - 9:30am General Session

9:30am - 10:40am Session 1

10:40am - 10:55am Break

10:55am - 12:05pm Session 2

12:05pm - 1:05pm Lunch

1:05pm - 2:35pm Session 3

2:35pm - 3:00pm Clinic Wrap-up

### **Overview of Clinical Instruction**

Participants will rotate through each station during the course of the clinic. All participants will be grouped based on years of umpire experience.

### • General Session

As a large group, we will participate in the "Basic 6" mechanics drill, a demonstration of plate mechanics, and a demonstration of field position/mechanics.

# • Playing Rules - Rule Changes, Trouble Rules, and Myths

This session will include a review of rule changes for 2022, and overview of some of the more troublesome rules, and rule myths. A few example videos will highlight some of these rules and allow for discussion. Bring your notebook/device to take notes.

## Plate Mechanics in the Carzo Batting Cage

This session will allow umpires to practice Little League plate mechanics in a simulated pitcher/batter experience. Bring your baseball face mask and indicator.

### • Field Mechanics on the Indoor Turf

This session will allow umpires to practice field mechanics and positioning on the indoor turf field. We will run drills to practice position, timing, and footwork.

## Lunch, Awards Presentation, and Keynote address

Lunch will be served in the Media Room. During lunch, we will recognize the 2019 Regional and World Series Umpires and the 2021 Regional and World Series Umpires. Also, we will acknowledge those umpires receiving 2022 Regional and World Series assignments. A special lunchtime talk will conclude the hour.

- There is no cost for this clinic.
- Pending Tufts University Covid protocols, a face covering may be required.
- Please bring your umpire face mask, indicator, baseball glove, and wear your umpire uniform.
- We ask you to register here if you plan on attending.
- The flier attached to this email can be shared with your local leagues, junior umpires, and your MBUA/state boards.